

*Forum Im Licht Presents*

**= Living Your Psychic (Soul) Life =**  
*Daily Tools and Practices*

**An On-Going Remote Online Class Series for 2022**

Taught By

**Michael J Tamura**

*World-Renown Spiritual Teacher, Clairvoyant Visionary, Radio Show Host  
& Award-Winning Author of YOU ARE THE ANSWER  
[In English with immediate German Translation]*



**Upcoming Classes:**

01/20/2022 Thursday 19.00 - 22.00 Central European / 10 AM - 1 PM Pacific / 1 PM - 4 PM Eastern

**Class 3 - Having Neutrality: Transforming Your Ego Reactions Into Creative Spiritual Responses**

04/14/2022 Thursday 19.00 - 22.00 Central European / 10 AM - 1 PM Pacific / 1 PM - 4 PM Eastern

**Class 4 - Know Your Psychic Self: Free Yourself From Judgments**

**Descriptions:**

January 20, 2022 - Thursday 19.00 - 22.00 Central European (US Time 10 AM - 1 PM PDT / 1 PM - 4 PM EDT)

**Class 3 - Having Neutrality: Transforming Your Ego Reactions Into Creative Spiritual Responses**

You make countless decisions every day. Most of of them you probably don't even realize are choices you are making because they are part of routine things you do. Other decisions you need to make may have profound life-changing consequences, so you take time to consider the various options with great care. Yet, what prompts you to decide one

way rather than another?

All decisions you make in life ultimately result from one of two states of mind. Most people make their choices based on them believing in their ego's desires, demands and expectations to be their truth. However, you can consciously choose to create a new response that would best serve the situation or experience at hand. The former choice comes from unconscious fear and resistance, whereas wisdom and compassion guides the latter conscious choice. Whenever you do something in reaction to what you experienced, you have made the first type of choice. If you can detach from the reaction and imagine a completely different, more healing response, you can make the other kind of choice.

First, to make a conscious, creative choice wisely and lovingly, you would need to find your neutrality. It is an inner psychic space of detachment. You cannot be for or against whatever you are experiencing about whatever is happening. In this class, you will learn how to have that neutrality on-command. You will learn psychic tools and spiritual practices to help you find your neutrality in relation to whatever is going on at the moment and what you may be experiencing. We will explore the ways you can transform your ego reactions into creative, healing responses to live a more fulfilling life as you progress on your path of awakening.

April 14, 2022 - Thursday 19.00 - 22.00 Central European (US Time 10 AM - 1 PM PDT/ 1 PM - 4 PM EDT)

#### **Class 4 - Know Your Psychic Self: Free Yourself From Judgments**

How well do you know your true inner psychic self? Most people are quite familiar with what their bodies look like and feel like. They may well know many qualities about their personalities. Most know what they like and what they don't, what they want and what they wish to avoid. Yet, how well does anyone really know their own soul-self?

You cannot really know your psychic self much, if you live in judgments much of the time. Yet, most people assume their judgments are truths. Whether the judgments seem positive or negative, judgments are never true. That is why what one person believes is good can be another person's nightmare. Although everyone may make their own judgments, if you end up believing in them as true and hold them in your mind, you cannot know yourself or be true to who you are.

In this class, you will learn to free yourself from the judgments that you encounter in your

mind every day. You will learn effective psychic tools and spiritual practices that you can apply in your daily life situations to let go of the judgments that keep you hostage to suffering and unhappiness. You will be more aware of your psychic self as you successfully learn to let go of judgments. What you learn in this class will help you along your way to living a happier, more spiritually fulfilling life.