



A smartphone is to you as a person, what your body is to you as incarnate spirit. Just as

you use a smartphone to communicate in a variety of ways on multiple levels, as spirit, you utilize your body as a sophisticated multi-dimensional instrument of communication. With your Galaxy or iPhone, you not only chat or FaceTime with a friend or conduct a business video conference call, but you most likely correspond through texts, messages, emails, Facebook posts, Instagram photos and video clips, and many other modes all throughout the day. You might listen to your favorite music or audiobook and even send the links to share them with friends and family. You watch the news and keep up with what might be happening in the rest of the world. There are more and more "self-taught" musicians, photographers, writers, cooks, skateboarders, speakers, and bloggers popping up, whose main "school" has been YouTube lessons. What's the recipe for a good puttanesca sauce? What's an Oud? Well, Google it, of course!

If you think about it, pretty much everything you can do on a smartphone will somehow be used to communicate something to someone somewhere. Well, what do you do with your body? It's an amazingly "smart" communication device for you as spirit. Learning is communication. Teaching is communication. Healing is communication. Sharing is communication. All forms of creative expression are forms of communication.

You don't have to be a computer engineer and know how your smartphone is built and programmed to do what it does and how it does it, but, a big part of what makes it so "smart" are

In Burlingame, CA

Saturday, March 17 - Sunday, March 18, 2018

A **SHAPE** Weekend Intensive

For You the Spirit, Your Body is Your
Smartphone:

Express Your Creativity

& Communicate Who You Are



Saturday, March 17 10 AM - 6 PM

Sunday, March 18 9 AM - 5 PM

the apps it runs. And, you have to learn to use those apps. Some apps are easy as pie, but there are incredibly complex apps that may take hours of watching video tutorials or going to workshops to learn even just the basics. The same goes for your body. You don't have to know the complete physiology of how your body functions, but you need to learn to use all of the major apps you need to use your smart-body-phone. Using your clairvoyance app, for example, is like learning to make a video call, instead of just communicating by text message. Without learning to properly use your clairaudience app, how can you hope to hear the subtle nuances of what another soul is saying or to be able to express your innermost creativity? It's quite a learning curve to master the variety of apps that come standard on your smart-body-phone.

Which apps you wish to master on your smartphone depends on your purpose for what and how you wish to communicate, doesn't it? If, for example, you wanted to communicate through photos with your smartphone, you might want to master Photoshop and other photography apps. It's the same with using your smart-body-phone to communicate. If you seek to discern the truth from all of the illusions that make up this world and liberate yourself from them, you need to master your clairvoyance app. If you seek to experience yourself as spirit beyond the experience of a body, you need to master your trancemediumship app.

Yet, what is the ultimate purpose of communicating for any of us? Communication is the avenue through which we ultimately find our way home. Through communicating, we discover who we truly are and through communication, we realize who our Creator is. I think why the children's book, *Are You My Mother?* was one of my all-time favorites to read to my kids and other kids was that it's simply a story of communication. It ultimately leads each of us to our true parent. Also, in the book, the lost hatchling's journey is that of the path of the clairvoyant - he has to discern truth from illusion: Are you my mother? No, you're not. Are you my mother? No, you're a Snort! I want my real mother! That's exactly what each of you are doing as a clairvoyant, aren't you? Are you my God? No, you're just fake news! I want the Truth! And, step-by-step, you're finding your way home.

All along the way, however, you are communicating yourself to everyone you meet. You're communicating yourself to the All, all of the time, whether you are aware of it or not, aren't you? Here I am! Here I am! Are you my mother? Hahahaha.....

To express your creativity means to communicate yourself. To do so, however, you need to know who you are, don't you? You can only express who you know yourself to be. So, before you can fully utilize your smart-body-phone to express your inner creativity and communicate yourself to the All, through communicating yourself to each and everyone you meet, you have to discover more about who you ARE. Are you or are you not? How much of that which you are, have you denied? As Jesus said to Peter during the Last Supper, "At this very night, before the cock shall crow, you will deny me thrice."

This upcoming SHAPE Weekend Intensive will present you with an extraordinary opportunity to profoundly explore your beingness and what aspects of who and what you are that you've long pushed down, set aside or simply ignored in condemnation, rather than commending the whole of your spirit to the Creator. Naturally, Who we call the Creator is the Source of our creativity. Without being able to have that Source of creativity, we cannot hope to express our creativity or communicate who we are. Then, we remain divided and unable to return to wholeness - or holiness.

So, this intensive will offer you a deep healing of your relationship with your own beingness. You'll look at "survival" in a brand new way. What are some of the emphatic decisions you've made against who you are unknowingly at the time? You'll get to wake up the creative aspects of yourself that you've put on sleep mode - at times for lifetimes. Yes, it's time to un-deny yourselves at least three times before the alarm goes off!

Be of good cheer, you're overcoming the dream-world.

See you in Burlingame for a joyous celebration of life! Bring your neutrality, amusement and compassion.

May the light of truth illuminate your every step ever more brightly.

With gratitude, love, and laughter,

Michael

