

Message to the SHAPE Community from Michael:

Aloha Kakou,

Today marks our first full day back home from our most recent almost month-long bout of traveling. Out of curiosity, I reviewed my 2010 calendar and realized that I've been "on-the-road" 124 days out of 212 so far this year. More than four out of seven months. No wonder the water in the cells of my body are still swishing around - it's like the momentum of travel continues for awhile after I stop. Since I usually resume traveling before the swishing comes to a full stop, I'm in the state of perpetual swish. Perhaps, it's all my swishful thinking.

Speaking of swishing cellular fluids, our dolphin friends send their aloha and good tidings. On the Big Island, I had a multilayered cake of teaching, dolphinizing, and wonderful meals with a few friends. Quite an experience - perfect for my birthday celebration time. And, a heartfelt *mahalo nui loa* goes out to all of you who conspired and contributed for the absolutely gorgeous gift fruit-chocolate-macnut-orchid basket for my *la hanau* (birthday) and the lovely pair of leis for the two of us for our *la ho'omana'o* (anniversary). *Mahalo* also to all of you who sent loving cards and wishes for my birthday and our anniversary. I've gotten those forwarded through our office email as well as those on my Facebook page. And, we've just found those sent by the snail carrier waiting for us at home.

Raphaelle and I actually got to spend portions of our first four days in Hawaii "vacationing." For several years, my fantasy has been to sprawl out on a comfy couch and read a good yarn. I finally got to fulfill that fantasy. The reality of it was as delectable as *haupia* and *melona* shave ice topped with condensed milk and vanilla ice cream. Really. No wonder everyone calls Hawaii "paradise."

Isn't it interesting that when your daily life is so chock-full of travel to exotic places, adventures, fascinating people, everyone's trauma and drama, miracles, and never-ending growth, your great fantasy becomes reading a good book in a peaceful, relaxing place. Of course, that's only after spending three hours schmoozing with your *honu* (sea turtle) friends at various five-star under-the-sea sushi bars - and, before your excursion to the local shave ice haunt for a cold fix.

Of course, what makes any experience extraordinary are the friends you get to reconnect with and the new friends that you make. Our wonderful friend, Lisa French (founder of the Clairvoyant Center of Hawaii), welcomed us as soon as we arrived on the Big Island with an invitation to come up to her home "in the jungle" in the town of Kealakekua. Since Raphaelle and I were moving a bit slowly upon arrival, we decided to have our first dinner together with Lisa and Billy in Kona town closer to where we were staying. They recommended Original Thai and I had the best *lau-lau* with *ono* (wahoo). It was definitely *ono* (delicious). Good company, good food, good location. What more would anyone ask for, to start off a new adventure?

Lisa and I go back almost a quarter of a century. Boy, am I getting old! (Haha. I've actually always wanted to get old from the time I was a little kid.) Lisa, for the past fourteen years has played a major part in our Hawaiian sojourns. She and Raphaelle creatively conspire months ahead of our arrival to set up our teaching, dolphinizing, and other celebratory events. She's even hosted many of my birthday parties - several even complete with bands and dancing under the stars, by the beach. During one of those parties, even the band members told us that it was one of the best parties they've ever played at or attended! (They couldn't believe they could have so much fun with no alcohol being served.)

Lisa founded her Center fourteen years ago and has been steadily building her team of directors and teachers on the Big Island. Now, in addition to overseeing her Center in Kealahou on the Big Island, she's expanding her work to the island of Oahu. From Hawaii, she also directs clairvoyant teaching programs globally via teleseminars. I've had the good fortune to meet several of her international students in the teaching programs on my tours in Europe.

Three years ago, I got my "orders from above" that it was time for Raphaelle and I to go teach more in Hawaii. For several years, Lisa and I've been discussing the importance of expanding the teachings to Oahu in the greater scheme of things. In fact, the vision I had last year when I gave my first workshop there was that the island was to become a gathering place for the many "sides" in our global society to come together in peace, communication, and cooperation: The East and the West, body/mind and spirit, men and women, science and religion, technology and spirituality, faith and metaphysics. It would become an important "Round Table" around which leaders of varying fields would sit to *kukakuka* (talk story), share their visions, and set new directions for humanity. Then, while sharing this vision, I was told that "O'ahu" actually means "The Gathering Place." And, so it shall become a true gathering place, not just a place for people to come from all over the world on their getaways (although that's a good start). In fact, Disney announced that in August of 2011, it will open the doors to its 21-acre resort and spa, "Aulani" created to "speak on behalf of something greater than itself" in Ko Olina on Oahu. The centerpiece of this "Polynesian Village" style resort is expected to be a convention center. Let the true gathering - and healing of the *ohana* (family) of humanity - begin.

On this year's trip to Hawaii, Raphaelle and I spent the first twelve days on the Big Island to continue our work there in collaboration with Lisa and the final six days in Oahu to help "break ground" for her Clairvoyant Center to expand it's work there. Our teaching events in Hawaii this year began on my fifty-seventh birthday, as you know, since many of you participated in our first in-person workshop simulcast-teleseminar. We had about 20 impromptu participants show up in person at the Clairvoyant Center of Hawaii - several of you from the mainland - and about 70 others via telephone internationally. With that and a delightful and scrumptious birthday dinner in the company of a dozen good friends at the Ke'ei Cafe, we caught the cosmic wave that carried us through the rest of our Big Island adventures: a surprise two-plus hour swim-fest visit with a pod of three dolphin families while kayaking and snorkeling in

Kealakekua Bay, an evening clairvoyant workshop at the Center, our boat ride with our friends Captain China Mike and Melainah (with the 18 of us, they gave us our own private smaller boat) during which we had three extended underwater parties with dolphin friends, our two all-day seminars at the newly renovated King Kamehameha Hotel (beautiful), and another private boat ride as guests of Pedro, Catherine and Christina piloted again by China for an incredible morning with the dolphins. All that, of course, was topped off by great meals with friends, shave ice, beautiful leis, and a lot of aloha. It was wonderful, too, to get to see Jason, Laura, and Steffi in action at the center running the show on our teleseminar and workshop evenings. *Mahalo nui loa* to each of them and all the others who helped make our events there magical and transformative.

Our “breaking more ground” mission to Oahu was quite a different challenge altogether. After all, what is more at the core of all healing than that of opposites, that which has heretofore been divided, coming together in the same place? I knew there might be a steep climb ahead of us to get our job done in Oahu when we arrived at our rented house in the Aina Haina area of Honolulu, four heavy suitcases, backpack, and shoulder bag in tow, and stared up at a zig-zag configuration of 47 odd-sized steps leading up to the front door of the hillside house. No elevator.

As soon as Raphaelle and I unpacked, showered, and dressed, we headed for our workshop venue, the Queen Kapiolani Hotel in Waikiki. Our rental GPS guided us directly into the gridlocked heart of a protest labor march against the Hyatt Hotel. At first sight, I pointed to the line of protestors dressed in matching bright red and white outfits holding signs and said to Raphaelle like an excited little kid, “Oh, look, a parade!” Like a mother with an incorrigible child, she calmly corrected me, saying, “No, it’s a protest march. Look at the placards they are carrying - instead of a smiley face, they have frowning faces.” Oh, darn. On closer examination, the people were quite angry. Yet, I thought it was a parade since the group was more grounded and had more enthusiasm and focus on purpose than anyone else on the streets. Oh, well.

Here was the demonstration of the clash of opposites. Of course, voicing the problem can be the beginning of the healing process. Oahu is a place of healing of opposing forces, of polarization. Its energy brings out the conflicts held within everyone as the first step in the healing process. Over the next few days, I felt like a clairvoyant archeologist excavating the history of opposing cultures layering the streets of Waikiki: Indigenous Hawaiians, European and American Christian missionaries and their political and business minded descendants, Japanese and Chinese immigrants, the beloved Ali’is and their devoted subjects of old Hawaii, the Americanization of new Hawaii, Pearl Harbor and WWII, tourists and surfers, the commercial, the sacred. And, the only thing that could remove all the soil entrenched between the layers: Forgiveness.

It is said that when King Kalakaua in a last-ditch effort to save the Hawaiian kingdom signed the treaty that gave unparalleled power over to the American business families living in pre-annexation Hawaii, his sister, Lili’oukalani, who would succeed him as Queen of Hawaii after his death, was angry with him. She knew his act would

eventually lead to Hawaii's annexation to the US and the end of its sovereignty. Before embarking upon his final trip abroad, the King asked his sister to raise the Hawaiian flag at her house when she forgave him. He took to heart Jesus' teaching that he gleaned from the missionaries that forgiving those who hurt us was the key to healing, not only ourselves, but, the world as well. He was willing to forgive the back-stabbing, scheming *haole* businessmen and politicians. Would his sister forgive him? When Lili-oukalanani finally was able to forgive him and raised the flag so that her brother could see it immediately upon his return home, his body returned, instead, in a coffin. As the last monarch of Hawaii, Queen Lili'oukalanani strove to practice forgiveness, both during her brief rule and after her unjust, cruel, and horrific dethroning. She held true to the destiny of this land, that of the divided coming together in forgiveness and healing.

So, I chose to weave this into my teaching throughout the weekend in Waikiki. Although the participation was small, the ripples of transformation and healing will continue. And, I had the great opportunity to meet in council with several of the great souls of ali'i that are still watching over the evolution of Oahu, guiding it toward its destiny. I know that it will come to be. This is the next step.

I know, too, that this has been a challenging time for many of you as well. We have entered the time of deeper truth demanding to be revealed. The consequence of this is that each one of us is required to face whatever we have held within ourselves that is not true to who we are. So much of our lives we spend covering what we believe is our shame, guilt, and blame with what we hope will be more acceptable to those we love and those we fear. All that we use to cover-up our misperceptions and lies, especially about ourselves, will come tumbling down as the underlying truth begins to shine in its brightness. It is a time where we must make the decision to choose compassion and be willing to see the real truth behind all the appearances. It is the time during which we must come to the realization that without our willingness to forgive, we cannot hope to find lasting peace within ourselves or in the world. And the truth of forgiveness is in being *for* giving and relinquishing our hold on withholding. To go further into this understanding and practice of forgiveness, I will bring this to our next weekend's seminar in Novato. Of course, you are all welcome to participate.

Please also read our newsletter that will be arriving shortly for the details of the upcoming Novato events next weekend and in September as well as the next LA weekend later this month. Each one will have material useful to working through where you have been over the past few weeks. The September Novato weekend will be devoted to important aspects of managing mediumship in yourself and others.

On another note, Raphaele and I have tried to launch our experiment for a specialized 5-day advanced reading/healing training intensive in LA for August, but, due to four deaths in rapid succession in the family and other events requiring our immediate attention, we were not able to set it up at this time. We'll be looking at later in the year and next year for possible times. Currently, however, we're making the final curriculum preparations for the 4-day Mt. Shasta SHAPE Retreat as well as the program schedule and details. You'll get them as soon as we have them. Starting times and finishing

times for each day of the retreat have been set and are available through our office until the full program schedule is posted. The basic information such as title, costs, location, dates, etc. are all posted on our website. One thing is certain: It will be extremely timely and a powerful preparation for you for the next couple of years, and beyond. I hope you are practicing all your tools daily!

Now, I'm late for my astral lecture so I'll send this off to be posted right away. Please forgive any typos, grammatical errors and such since I won't have a chance for editing and proofing! Ha-ha! Or, as the dolphins say, "E-e-e-e-k-k-k-k-k-k!"

Mahalo and Me ke aloha. A hui hou kakou! Michael

PS - We'll post our Hawaii photos on our Facebook Pages!